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Constellators International KG Kamekestraße 12 D-50672 Köln Geschäftsführung Stephanie Hartung Phone +49.171.897 95 14 www.constellators-international.com call@constellators-international.com Handelsregister Köln, HR 31237 USt ID Nr. DE 815580920 SteuerNr. 215/5752/1413 Volksbank Köln Bonn eG IBAN: DE82 3806 0186 4518 7250 12 BIC: GENODED1BRS



Saturday 04 May Sunday 05 May 10-18 250 Euro

Stephanie Hartung

LIP, The Life Integration Process

The Life Integration Process (LIP) according to Wilfried Nelles is a new form of constellation work.

Working with the LIP does not require a specific theme or concern. Unlike family constellations, it is not about the relationship to others, but about the relationship and inner attitude to oneself.

On our journey through life, we pass through different stages, each of which has its inherent consciousness. The LIP maps these stages as a wheel of life. From our adult consciousness, the here and now, we look at our time in the womb, childhood, and adolescence and see the challenges we faced there.

In the adult position, we stand as the client for ourselves – for the unborn child, the child, and the adolescent we choose representatives.

From our position, we see how these experiences have shaped our being. We also see what is and what needs to be integrated. We may also discover an undiscovered innate potential, a talent, or a purpose in life that needs to be lived.

In her LIP workshop, Stephanie introduces the Life Integration Process as a powerful format for your personal development.

We offer 40 places in this workshop and recommend your early booking.

Please note that you will need a week's ticket as well