



Stephanie Hartung

LIP, The Life Integration Process

The Life Integration Process (LIP) according to Wilfried Nelles is a new form of constellation work.

Working with the LIP does not require a specific theme or concern. Unlike family constellations, it is not about the relationship to others, but about the relationship and inner attitude to oneself.

On our journey through life, we pass through different stages, each of which has its inherent consciousness. The LIP maps these stages as a wheel of life. From our adult consciousness, the here and now, we look at our time in the womb, childhood, and adolescence and see the challenges we faced there.

In the adult position, we stand as the client for ourselves – for the unborn child, the child, and the adolescent we choose representatives.

From our position, we see how these experiences have shaped our being. We also see what is and what needs to be integrated. We may also discover an undiscovered innate potential, a talent, or a purpose in life that needs to be lived.

In her LIP workshop, Stephanie introduces the Life Integration Process as a powerful format for your personal development.

We offer 40 places in this workshop and recommend your early booking.

Please note that you will need a week's ticket as well

**Saturday 04 May
Sunday 05 May**

10-18

250 Euro